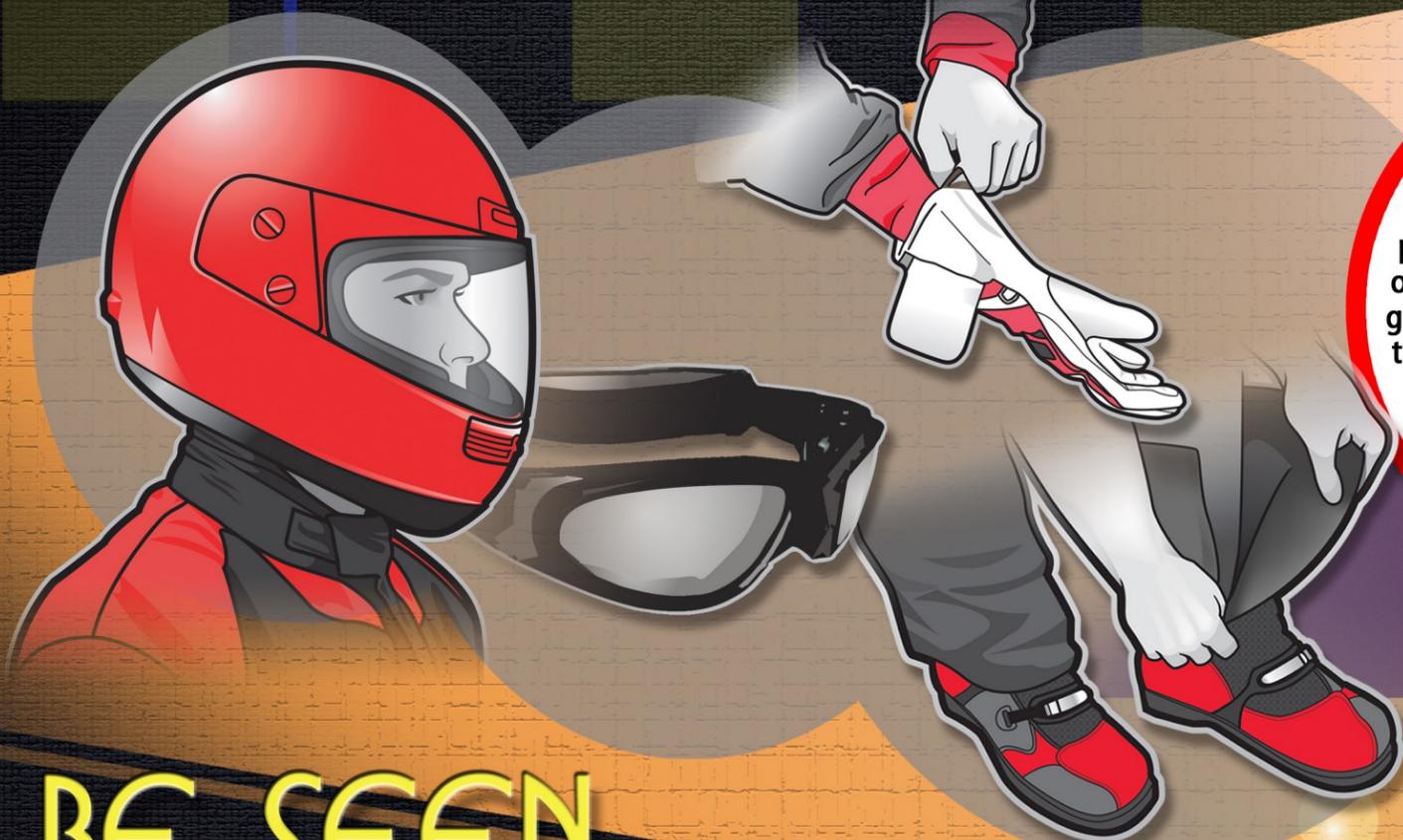


# BE WISE. STAY ALIVE. WEAR YOUR PPE!

All U.S. Army personnel are required by regulation to wear Personal Protective Equipment (PPE) when riding as the operator or a passenger on a motorcycle. This applies to Soldiers regardless of component or duty status, and DOD civilian employees when on duty, both on and off a military installation.



## Helmets

Must meet DOD standards and be properly fastened under the chin. Full face helmets offer the best protection. Helmets not meeting DOT standards can transfer up to 250% more of an impact to the rider in a crash.

## Eye protection

A windshield, alone is not proper eye protection. Impact or shatter resistant face shield, goggles, or wraparound glasses that meet ANSI Standard Z87.1 are required. Tented lenses may be worn during the day but clear ones should be used at night.

## Clothing

Dress for the SLIDE not the ride! Garments made from leather or abrasion resistant fabric provide a high level of protection. AR 385-10 requires the use of full fingered gloves or mittens designed for riding a motorcycle.

## Sturdy foot wear

Sturdy leather over the ankle footwear is required and provides protection from a variety of hazards. Motorcycle footwear with low heels and oil resistant soles provide a good grip on the pavement.

# BE SEEN AND PROTECTED

Clothing designed for riding a motorcycle generally offers both protection and visibility. If black is chosen a conspicuous enhancement should be worn. Reflective quality and location on the rider is more important than the amount of reflective material.

Local requirements may differ slightly. Riders should check with their installation safety office for details



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