



## What's up

### Deployment reminders

While in billets, cell phone ringers should be shut or on vibrate.

For the benefit of all, personal items should be locked up when unattended.

### No alcohol during exercise

Alcohol consumption by exercise personnel is prohibited in accordance with U.S. Forces Korea Regulation 27-5.

Consumption of alcohol during the exercise is a punishable offense, and individuals who violate this regulation may be subject to non-judicial punishment under the Uniform Code of Military Justice.

### Uniform

Uniform while on shift in CP Oscar is BDUs with Kevlar helmet, LBE and Pro Mask. Soft cap will not be worn with LBE and Mask. Black backpacks are not authorized with BDUs while on deployment. (as ruck sack should be used)

# Soldiers put their efforts into the success of Warpath

by  
**Pfc. Yoon, Jong-Pil**  
8th Army PAO

Every soldier has their own role to play in Warpath III. Every individual might do different work, but it is certain that they all put in the time and effort for the success of the exercise.

Pfc. Brian Shelton, 169th Signal Company, 36th Signal Battalion, who works at the Trouble Help Desk with computer and technical problems, said, "This exercise is important because we can better prepare for a war time scenario."

"My personal aim is to make sure that all the computers and Internet capabilities are up and running with little, if no problem at all." he added.

Pvt. Heidi Fox of HHC 8th U.S. Army G-3, Assistant Chief of Staff said, "Even though I mainly do the same job as I usually do during the exercise periods, I think this exercise is important because it lets the soldiers

grow and learn more by dealing with different tasks and different environments."

Spc. Johnny Black, Troop Command, CP Oscar Operations S-3, said, "I work to maintain the building, make sure it is operational, and if any problems occur, I should be able to execute. My work is like being an assistant to everybody."

"I think this exercise is important because if the balloon really goes up, or if we have any problem with real-time warfare, we would be trained to know how to overcome such difficulties. I also think this exercise is great because people can get out there, understand

what it is really like and get hands-on experience of what is going on in Korea," said Black.

"From Warpath III, I personally expect to gain more working knowledge, a little bit better on how the planning situation



Photo by Pfc. Yoon Jong-Pil

Spc. Steven Ryan, 169th Signal Company Exchange Team IV and Spc. James Jennings, 293rd Signal Company Outside Plant of Joint Trouble Desk prepare Internet connection for Warpath III.



## The Spirit of Hwarang

Warpath exercises are Division-level CPXs designed to train for actual wartime missions. These exercises involve execution of OPLAN missions, planning for future operations and division level rehearsals. Warpath is also used to train for Warfighter Exercises. The division typically conducts two Warpath exercises a year. Each exercise is one to two weeks in duration and involves deployment of CPs to field locations. Warpath is a five-day CPX to train new division and brigade staff officers. This exercise, coupled with the unique circumstances of 2ID, allows for training opportunities and conditions not found among any of its current counterparts. As a forward-deployed division, 2ID operations provide real-world training in the face of a true threat.

Fifteen centuries ago, when this part of Korea was known as the Kingdom of Shilla, a group of Shilla warriors called the "Hwarang" demonstrated their battle skills and their nobility in this same area. The Hwarang was a youth organization led by a single "Kook sun," the spiritual leader. Under this leader, the Hwarangs led thousands of "Nangdo" to become a Hwarang. These young, aspiring warriors trained in martial arts and in academics, aspiring to become a Hwarang. A knightly code of conduct resulted from Hwarang-do training, and the Hwarang members visited beautiful places within the Kingdom, engaging in both military and spiritual exercises to cleanse and train their minds and bodies.

It is in the spirit of Hwarang that this newsletter was created to honor the service members and events of this year's Warpath III that demonstrate the spirit of Hwarang.

This newsletter is also available on-line at <http://8tharmy.korea.army.mil/PAO/hwarang3.htm>.

For more information, call 764-3787 / 764-3225 or e-mail us at [kangbys@usfk.korea.army.mil](mailto:kangbys@usfk.korea.army.mil).

## Voice of Warpath III

"What would you advise for the people who came here for the first time?"



Spc. Chasity Gregg  
HHC 8th U.S. Army  
G-2

*"For new soldiers, I would advise them to bring pogeey bait, Lysol and all the materials they use at work in the rear, and try not to bring too many bags."*



Staff Sgt. Chris DeCorte  
8th U.S. Army Weather  
607th Weather Squadron

*"PT gear! Reflective vest and swimming trunks for the pool located in the Walker Gym. Plenty of books for off time and the trip down here and back. Oh yeah, don't forget your towel."*

## The staff of the Voice of Hwarang ( Warpath III 2003 )

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- Lt. Col. Steven A. Boylan.....Eighth U.S. Army Public Affairs Officer
- Maj. David R. Oten.....Eighth U.S. Army Deputy Public Affairs Officer
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## Voice of Warpath III

“What would you advise for the people who came here for the first time?”



Sgt. Maj. Robert Evans  
HHC 8th U.S. Army  
G-6

*"Warpath exercise, like all of our exercise, is to prepare soldiers for war. Soldiers are required to bring all their personal equipment including MOPP gear. Physical training is still required of the soldiers. That's why we say 'train as we will fight!'"*



Pfc. Lee, Tae-Woo  
Troop Command  
CP Oscar Operations

*"Since Daegu is warmer than Seoul, you should not forget to bring short-sleeves. It is also good to visit many restaurants off post because Daegu is famous for its delicious cuisine. I hope every new soldier learns a lot from his or her first training."*

## Soldiers, from Page 1

would go as far as what we would have to do in case we have to go to war," said Chief Warrant Officer 4 Mark Jackson, 311th Theater Signal Command, 8th U.S. Army G6. "As always in communications, we had difficulty in making sure that all communication was up. My personal difficulty was giving the briefings within the EAOC floor but I was able to overcome it with the advice from someone who knew a lot about it."

"Since I usually work as a translator, this is also the first time I got to work in my office during an exercise

period. This exercise gave me the chance to better understand what my team does in the office during exercises." said Cpl. Kim, Dong-Won, HHC, 8th U.S. Army G-3 Information Operations. "I also hope to get to know more U.S. soldiers, as they usually leave within a year."

Kim also said, "Even though Warpath is much shorter than Reception, Staging, Onward Movement and Integration and the Ulchi Focus Lens, I am enjoying it. Doing my job and doing it well, I feel pride and the worth of what I am doing to help in the success of the exercise."

### Calling Home

Using access numbers provided by major U.S. long distance companies could save you money when calling home, depending on your particular service provider. Just call the number and follow instructions.

AT&T.....550-4663

MCI 550.....550-2255

SPRINT.....550-3663



Pre-paid phone cards, which can be used on both DSN and civilian lines, are also available at several locations on post, which average about 10 cents a minute.

### Transportation

The shuttle for Camp Henry and Camp George leaves from Camp Walker's Gate #6, near the PX, at the following times:

Morning

12:43#, 1:43#, 2:41#, 7:03\*, 7:26\*, 7:33, 8:43, 9:46, 10:46, and 11:46 a.m.

Afternoon/Evening

12:46, 1:46, 2:43, 3:46, 4:46, 5:27\*, 5:43, 6:07\*, 6:43, 7:43, 8:46, 9:43, 10:43, and 11:43 p.m.

(#=Fri, Sat nights only / \*= Mon to Fri only)

Taxi service is also available daily. For service call 768-8623.



### Weather for Daegu, South Korea

APR 24	Hi	Low
	68 F	51 F
	20 C	10 C
APR 25	Hi	Low
	57 F	51 F
	14 C	11 C
APR 26	Hi	Low
	73 F	51 F
	22 C	10 C



## What's up

### Security

Classified document security is the responsibility of each section. Sections should destroy classified material as it becomes obsolete. Also, individuals should avoid discussing exercise issues outside the controlled areas. Locations of the CP, the duration and scope of the exercise cannot be discussed over open telephone lines.

### Off Post

Personal traveling off-post from Camp Walker during leisure hours should use the "Buddy System," and they need to have their Status of Forces Agreement (SOFA) card as well as an emergency telephone number card with them at all times. The wearing of the Battle Dress Uniform (BDU) is not authorized off-post.

### Physical fitness facilities

Camp Walker's Kelly Gym will be open from 5 a.m. to 10 p.m on weekdays and 8 a.m. 9 p.m. on weekend.

### Famous Phrase of the Day

*"The only place where success comes before work is a dictionary."*

- Vidal Sassoon, Hair Stylist, 1928-

## Preventing Food Poisoning

by  
**Pfc. Jang, Seung-Mo**  
**8th Army PAO**

Does it seem like you're getting the flu a lot lately but it's gone a day or two later? It might not be the flu at all. It could be a mild or even severe case of food poisoning - bacterial or viral contamination of food. The more you eat on the run and put the control over your food intake in others' hands, the greater risk you may run of getting sick. This is why deployed soldiers should be more careful when eating on the field.

According to 'http://www.saveonfoods.com', there are many types of food poisoning and several potential culprits but the symptoms are quite similar in most cases. Signs of food poisoning include nausea, vomiting, diarrhea, bloating, cramps, headaches and even a fever. Food poisoning can hit within as little as two hours or up to two days after ingesting bad

food. So when you doubt a food poisoning, do not hesitate to go to sick call. You can either drink lots of water and fluids like tea or juice to rehydrate. Try binding foods like bananas, rice, rice pudding, applesauce, plain crackers and toast.

The single most important thing you can do is wash your hands thoroughly before eating anything, anytime, anywhere! When purchasing food, always check expiration dates and the appearance of the food.

If you are questioning the safety of any food, remember the safety rule of "If in doubt, throw it out."



Photo by Pfc. Yoon, Jong-Pil

*It is important to wash hands well.*

**The Enemy is Listening**

**Don't Reveal Classified Information Over Unsecure Means!!**