



The voice of the

HWARANG



Volume 13, No.1

For the warriors of Ulchi Focus Lens

Aug. 16, 2003



Photo by Staff Sgt. Russell Bassett

Eighth U.S. Army members pick up their bags after successfully deploying to Camp Walker for the 29th annual Ulchi Focus Lens.

UFL galvanizes peninsula forces

By Pfc. Yoon, Jong-pil

Ulchi Focus Lens, a Peninsula-wide exercise currently gearing up in Korea, officially begins Aug. 18 at several Command Posts throughout Korea.

UFL is a large-scale exercise of Combined Forces Command scheduled to take place for two weeks. It is a computer simulated, defensive-posture exercise that takes place annually. UFL is conducted to evaluate and improve tactics, techniques and procedures between the U.S. and ROK militaries.

"It is important that Ulchi Focus Lens take place because it makes us do our job better," said Col. Lowell S.

Yarbrough, G-3 Current Operations officer-in-charge, "Ulchi Focus Lens allows us to go out and actually look at our plan, walk through it and exercise certain pieces of it, so that we can make it better."

By participating in an exercise like UFL, soldiers get a chance to learn something new, overcome challenges and also work towards team success.

"Our primary mission during exercise is to provide weather data for people who participate in the exercise so they can utilize it for war-fighting capabilities," said Tech. Sgt. Chris Champion, Staff Weather Officer. "Each exercise, whether it is RSO&I,

Warpath or Warfighter, it is continuously changing. So I wish to learn everything that we will be doing here in UFL so that we can do our best job."

The efforts of each participant leads to self-development and satisfaction of the individual, as well as to the success of the exercise itself.

"Since this is my first exercise and I am doing a different mission from that of my usual unit, I might find difficulty in my work, but I will be learning a lot of things about the basics of the exercise and the work I do here," said Pvt. Moon, In-sung, 8th Army Engineers. "I just hope the work I do during the

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The Spirit of Hwarang

It's August and the 8th Army warriors have amassed once again to show their combat readiness in this year's Ulchi Focus Lens.

UFL is an annual summer exercise involving forces from both the Republic of Korea and the United States. It is designed to evaluate and improve combined and joint coordination, procedures, plans and systems necessary for the conduct of contingency operations of ROK and U.S. forces.

UFL demonstrates ROK/U.S. interoperability and Combined Forces Command capability, as well as the commitment to defend Korea.

Fifteen centuries ago, when this part of Korea was known as the Kingdom of Shilla, a group of Shilla warriors called the "Hwarang" demonstrated their battle skills and their nobility in this same area. The Hwarang was a youth organization led by a single "Kook sun," the spiritual leader. Under this leader, the Hwarangs led thousands of "Nangdo" to become a Hwarang. These young, aspiring warriors trained in martial arts and in academics, aspiring to become Hwarangs. A knightly code of conduct resulted from Hwarang-do training, and the Hwarang members visited beautiful places within the Kingdom, engaging in both military and spiritual exercises to cleanse and train their minds and bodies.

It is in the spirit of Hwarang, this newsletter is created to honor the service members and events of this year's Ulchi Focus Lens who demonstrate the spirit of Hwarang.

This newsletter is also available on-line at <http://8tharmy.korea.army.mil/PAO/hwarang3.htm>.

If you or our readers know of any sections or individuals who possess this spirit of courage, intelligence and nobility, let us know by calling 764-3040 or e-mail us at bassettr@usfk.korea.army.mil.

Chaplain's Corner

By Chaplain (Col.) Mel Schroeder

It was Sir Winston Churchill who said, "Every day you may make progress. Every step may be fruitful. Yet there will stretch out before you an ever-lengthening, ever-ascending, ever-improving path. You know you will never get to the end of the journey. But this, so far from discouraging, only adds to the joy and glory of the climb."

Whether we've been involved in several UFLs, or this is our first, it will be a climb a good climb. What we learn today, individually or collectively, we may well need to use tonight! May God be with us all as we learn and grow in our competence.

Our Unit Ministry Team here at CP Oscar is here not only for training, but we are also here to support you. Please let us know how we can help you.

We can be reached at 764-3247/48, or drop by our cell anytime. We've included the chapel schedule for your information. Please know you are welcome to attend as training allows. We will also be conducting brief services here at CP Oscar, and will publish and announce that schedule soon. Please also know that we are keeping all of you in prayer.

Camp Walker Chapel Worship Schedule

Catholic Service: 9 a.m. Sunday

Collective Protestant Service: 10:30 a.m. Sunday

Collective Protestant Service (Gospel): 12:45 p.m. Sunday

Lutheran Service: 7:30 a.m. Sunday

KATUSA Prot. Services: 7:45 a.m. Monday and 10:30 a.m. Tuesday

Church of Christ Service: 1 p.m. Sunday

Latter day saints Service: 1 p.m. Sunday Annex

Apostolic Service: 11 a.m. Sunday

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Eighth Army places importance on quality of life

Story, photo by Cpl. Kang, Byung-sam

Quality of life could be considered an integral aspect of deployment. To efficiently accomplish one's mission during Ulchi Focus Lens, servicemembers need to be refreshed.

Eighth U.S. Army provides several facilities such as Morale, Welfare and Recreation tents and a cyber cafe to help ensure morale stays high during UFL.

MWR tents around Camp Walker have snacks, drinks and newspapers. They also show various movies. The cyber cafe tent has phones and computers by which soldiers can communicate with their families and friends.

"When you're working, you have to give it your all," said Master Sgt. Sarah Tillman of the USFK Command Chaplain's Office. "To get mentally prepared for working, relaxation is important."

According to soldiers, these facilities are gradually getting better every exercise.

Staff Sgt. Galo Bueno, operations Noncommissioned

Officer, HHC, 8th U.S. Army, says 8th U.S. Army recently purchased devices such as TV sets and built new offices to run a better system for everyone. "We encourage everybody to come (to the MWR facilities) because this is for them," she said.

For Maj. John Bleiler, Provost Marshall's Office, 8th U.S. Army CONUS, this UFL is his fourth exercise in Korea, and he says the quality of life here is getting better every time.

"Every time they do a better job. They give us a better place to stay; better facilities to make us feel more at home and to stay in touch with home," he said.

Camp Walker has many other facilities UFL participants can use, including the Recreation Center, Kelly Gym and the post library.

"During the exercise, we extend our business hours and get more sporting equipment for the soldiers participating in the exercise," said Pak, Mu-yong, recreation specialist at the Rec. Center. "Make yourself at home here."



Maj. John Bleiler, of the 8th Army's Provost Marshal's office checks his e-mail at the cyber-cafe tent, while others use the facility's phones.



Voice of UFL: What are your thoughts on the talks scheduled to happen in Beijing between the U.S., South Korea, North Korea, China, Russia, and Japan?



Cpl. Kim, Kook-hyun
Chaplain's Office

"I'm glad more countries are getting involved. North and South Korea need more chances to talk."



Maj. David Leask
8th Army G-3

"I hope we can unify the two countries like Germany was able to do"



Spc. Michael O'Neal
8th Army Troop Command

"If it helps keep South Korea safe, I like it. I've been here 16 months and I love South Korea."



Staff Sgt. Samuel Bland
311th TSC

"Peace talks are long overdue. The talks are good alternatives to setting the globe on "atomic fire."

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exercise will help out other people," he added.

Whether the soldiers are participating actively or providing second hand support, all individuals are putting their efforts

toward the success of the 29th annual Ulchi Focus Lens.

Approximately 14,500 U.S. personnel, including soldiers from 8th Army CONUS, I Corps and III Corps, are participating in the operation.

Meal hours

Camp Walker DFAC hours from Aug. 16 to Aug 28.

Breakfast: 5 to 8 a.m.

Lunch: 11 a.m. to 1 p.m.

Dinner: 4:30 to 7 p.m.

Midnight: 10:30 p.m to 12:30 a.m. Night shift workers only.



What's up

Weather for Daegu, South Korea

Uniform reminders

Civilian clothes are only authorized for 8th Army units off installation and when traveling to and from the off-post destination.

Deployment reminders

Cell phone ringers should be shut off in the billets. Respect those who are sleeping. All Butler buildings' lights will be turned on daily from 6 a.m. to 8 a.m., 7 p.m. to 10 p.m. Try to use a flashlight whenever possible.

For the benefit of all, personal items should be locked up when unattended.

Physical fitness facilities

Kelly Gym is open 4 a.m. to midnight daily.

AUG 16



Hi	Low
86 F	62 F
30 C	17 C

AUG 17



Hi	Low
80 F	71 F
27 C	22 C

AUG 18



Hi	Low
80 F	77 F
27 C	25 C



Night shift finds challenges and rewards during UFL after dark

Story, photos by Cpl. Jang, Seung-mo

It's after midnight and the soldiers at CP Oscar are as enthusiastic as ever. Many soldiers underestimate the importance of work done at night and think there is more work to be done during the day; however, this is not true.

According to Col. William Ivey, 8th Army's UFL deputy chief of staff, the night shift's importance cannot be minimized.

"Combat is 24-hour-a-day operation, and the reality is bad things tend to happen at night rather than in the day," he said. "We are night fighters and our enemy is night fighters, so the jobs of people on night shift are probably more important than those on the day shift."

According to Sgt. Allan Bailey, night shift battle captain in the command chaplain's office, soldiers on night shift seem to develop a really nice sense of humor and this eventually leads them to



The 8th Army surgeon cell sets goals for the shift. From left to right: Maj. Grace Jackson, 1st Lt. Shawn Floharty, Sgt. 1st Class Michael Baker, Lt. Col. Jeffrey Adkins, Lt. Col. Richard Gonzales.



From left to right: Sgt. Alan Bailey, Cpl. Kim, Jong-min and Chaplain (Col.) Melvin Schroeder, of the command chaplain's office, review the startex data.

work efficiently.

"Since there are fewer people at night, soldiers get less stress and they can concentrate on their mission more effectively. This is why night shift workers are more productive than the day shifts," said Bailey.

Arguably the night shift soldiers work in a better environment than the day shift soldiers; however, they face unique challenges that come with working at night.

For Sgt. 1st Class Michelle Williams, G-1, 8th Army CONUS, sleep disruption is the biggest challenge.

"It's hard to get sleep throughout the day when you have a lot of day shift soldiers in your barracks,

because they make a lot of noise as they prepare to go to work," she said. "In order to stay awake on the night shift I walk around my office and take cat naps to shake off sleepiness."

"The night shift soldiers can work

"The jobs of people on night shift are probably more important than those on the day shift."

more independently and are able to meet the challenges that they may not meet during the day," said Sgt. 1st Class Michael Baker, Surgeon Cell, HHC 8th U.S. Army. "I feel that everyone should try to work on night shift because it is very challenging and you get to find a lot about yourself," added Baker.