



The voice of the

HWARANG



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For the Warriors of UFL

September 1, 2004

Protective Mask Saves Lives

Story by Pvt. Kim, Do-ho
Photos by Pvt. Shin, Hee-suk

A blaring voice over the announcement system interrupts Soldiers immersed in the daily business of Ulchi Focus Lens 2004.

“Gas! Gas! Gas!,” it yells.

Immediately, Soldiers stop what they are doing. Everything stops, but only for the nine seconds it



Spc. Cesar Delapaz, chemical operations specialist, NBC room, HHC, 8th U.S. Army, shows Cpl. Kim, Se-hwan, administrative specialist, 8th U.S. Army Engineer and Cpl. Moon, In-sung, supply specialist, 8th U.S. Army Engineer how to use NBC decontamination pads.

takes to don their M-40 series protective masks.

Soldiers guarding the gates don their full Mission Oriented Protective Posture suits and begin denying access to anyone who tries to enter. Then, prepared for a nuclear, biological or chemical attack, the Soldiers return to their previous tasks.

This drill is a familiar one to the Soldiers of Command Post Oscar.

“The main reason we need to do this training is because everyone needs to know how to properly put on their gear, just in case a chemical or nuclear hazard comes up,” said Sgt. Deidre Hooks, NBC NCOIC, NBC headquarters, headquarters company, 8th U.S. Army.

“A lot of Soldiers do not feel that NBC training is essential, even though we are in a nuclear hazard area,” added Hooks. “That is the difficulty of NBC training -- having people show up and see that NBC training is just as important as M-16, claymore mines or anything like that. It is as important as any other Common Tasks Training.”

Soldiers may not worry about



Sgt. Greg Pena, Command Post Oscar guard, 8th U.S. Army, helps Sgt. Mark Goodier, CP Oscar guard, 8th U.S. Army, put on his mop suit.

chemical or nuclear weapons if they have never seen the effects of these extremely destructive weapons. Soldiers are advised to keep their masks clean and serviceable since nobody knows when they will be needed. However, chemical effects are not the only threat to Soldiers.

“You would not want to leave the shadow on the wall by nuclear radiation passing through your body,” said Spc. Cesar Delapaz, chemical operations specialist, NBC room, HHC, 8th U.S. Army. “Think about what happened in Hiroshima. There were numbers of shadows made by radiation. If we were attacked with NBC weapons without any preparation, it would already be too late. At that moment, you would be remembering the reason why we need to do NBC training.”



Saving your fellow Soldier's life

Story by Pvt. Shin, Hee-suk
Photo by Pvt. Kim, Do-ho

On the afternoon of Aug. 27, inside CP Oscar, a Soldier suddenly fell to the ground during the middle of Ulchi Focus Lens 2004.

During this emergency situation, it was revealed that most exercise participants did not know how to alert medical personnel to an emergency situation in CP Oscar. Luckily, this Soldier is okay now. However, if this was a serious medical situation, this kind of unexpected incident may have resulted in the loss of someone's life.

It is best that no harm happens to the exercise participants, but it is even more important to know the proper procedures to avoid any possible incidents.

Sgt. Bryan Evans, S-3 battalion medic, Troop Command, 8th U.S. Army, advises that Soldiers should

do the following when identifying a casualty.

"If you see somebody falling, first of all you want to make sure that they don't injure themselves during the fall," said Evans. "Try catching them before they slam their heads on the ground. Second of all, you want to make sure they are breathing properly. Then call 911 for an ambulance and find a medic."

Since graduation from Basic Combat Training, all Soldiers should know how to evaluate a casualty. Evaluating a casualty is one of the Basic Soldiers Skills written in the 'Smart Book' issued during Initial Entry Training.

Our mission is not only to win the battle but to gain a victory in a safe manner.



An ambulance takes an injured Soldier to the 168 Dispensary soon after the incident.

In case of an emergency, call 911 for fire, ambulance or military police within the CP Oscar compound. Emergency personnel need to be informed of what the emergency is, who is involved, when the situation occurred and the location of the incident.

Medics are located here in Building 360, Room 135 from 1400-2200 for emergency situations only.

Voice of the Hwarang Staff (AUG 2004)

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Photo by Pvt. Shin, Hee-suk

Stay Out Sgt. Mark C. Goodier and Sgt. Steven P. Coonley, both 8th U.S. Army Band Command Post Oscar guards, rove along the fence of CP Oscar compound to watch for enemy and non-authorized personnel approaching the compound.

Weather for Daegu, South Korea

SEPTEMBER 1



Hi
81 F
Low
27 C

SEPTEMBER 2



Hi
81 F
Low
19 C

The Spirit of "Hwarang"

It's August, and 8th Army warriors once again have amassed, showing their combat readiness in UFL 2004.

UFL is a regularly scheduled summer exercise involving forces from HHC, 8th U.S. Army. It is designed to evaluate and improve combined and joint coordination, procedures, plans and systems necessary for the conduct of contingency operation of Republic of Korea and United States Forces.

Fifteen centuries ago, when this part of Korea was known as the Kingdom of Shilla, a group of Shilla warriors called the "Hwarang" demonstrated their battle skills and their nobility in this same area. The Hwarang was a youth organization led by a single "Kook sun," the spiritual leader. Under this leader, the Hwarangs led thousands of "Nangdo" to become a Hwarang. These young, aspiring warriors trained in martial arts and in academics, aspiring to become a Hwarang. The Hwarangs gained knightly code of conduct from Hwarang-do training, and trained in beautiful places within the Kingdom to cleanse and enhance their minds and bodies.

It is in the spirit of Hwarang that this newsletter was created to honor the service members and events of this year's UFL that demonstrate the spirit of Hwarang.

This newsletter is also available on-line at <http://8tharmy.korea.army.mil/PAO/hwarang3.htm>.

If any of our readers know of any sections or individuals who possess this spirit of courage, intelligence and nobility, let us know by calling 764-3501 / 764-3341 or e-mailing us at yoonjp@usfk.korea.army.mil.

Chaplain's corner: Finishing Well

By Col. Michael W. Malone
8th U.S. Army Chaplain

At the Fort Wayne Marathon several years ago, when the starter's gun sounded, a dozen young men in the front ran at top speed and took the lead, as a television crew taped their high speed beginning. However, a mile down the road everyone in the race passed them. They started well but they were not able to maintain their fast speed and soon were walking. I doubt that any of them completed

the 26.2 miles. They made a good beginning but did not complete the race.

In life, the issue is beginning a task and then following through until it is completed. There are those who begin well but who don't complete the program or task. Whether one is running a race, pursuing a college degree, or pressing on for a career, it is important to do well and end well.

St. Paul faced all kinds of challenges and adversity. He faced illness, rejection and severe beatings.

However, he kept on trusting God and, in face of adversity, he said, "I have fought the good fight, I have finished the race, I have kept the faith (2 Timothy 4:7)." When you put your faith in God, you are in it for the long run. The Lord guarantees that you will face hardship and challenges. It is not easy being a man or woman of strong faith. However, the best you can do is trust God and keep pressing on everyday so that you finish strong, and then hear the Lord say, "Well done, good and faithful servant."



A Soldier's Effort leads to Successful Finish

Story and photos
by Pvt. Choi, Eui-jin

U lchi Focus Lens 2004 is about to come to a successful conclusion partly thanks to exercise participants' devotion and effort. Spc. Jerome Vincent Coleman, a personnel security specialist working in G-2, 8th U.S. Army, is a noteworthy Soldier that contributed to the exercise's success.

Coleman, born in Jackson, Mississippi was a student at Jackson State University before joining the Army.

"When I was 19 years old, I ran out of money for college and couldn't afford to go to school," said Coleman. "Also I got two little brothers to take care of, so I thought I got to do something about this and the choice was to joining an Army."

After joining the Army, Coleman was stationed in South Korea.



Spc. Jerome V. Coleman

"I'm the guy that makes sure that intel guy has the clearance to go and do his Intel work," Coleman continued, "Also I deal with excess rosters for here, CP Oscar, CP Tango, and many other facilities."

Colman said that his job is demanding, leaving little room for error.

"The main job I do during UFL is to ensure that the Common Operating Picture (COP) is updated with details, and dealing with military programs," said Coleman.

The effort Coleman showed during the exercise has impressed his peers and co-workers.

"He embraced the training and the responsibility with a 'CAN DO' attitude," said Sergeant Major Wanda M. Blount-Allbury, 8th U.S. Army G-2 sergeant major.

"In the absence of a noncommissioned officer, Specialist Coleman took the initiative to ask questions, sought and validated information, and exchanged information on the exercise battle rhythm to his peers during shift change. He has gained the respect of his peers, supervisor and co-workers. He has significantly contributed to the overall success of this exercise."

His enthusiasm was infectious to his peers and superiors.



Spc. Jerome V. Coleman, an 8th U.S. Army G-2 personnel security specialist, prepares himself prior to the briefing in the Eighth Army Operation Center.

"I think Spc. Coleman has a bright future," said Blount-Allbury. "He's particular and very savvy. He will go far, and one day he will be a great NCO."



Reminder

-Security badges must be visible at all times. When outside CP Oscar, badges must be put away.

-There are no off-post privileges during the period of the exercise.

-Personnel are prohibited from taking shortcuts across the golf course.

-The Camp Walker DFAC will be serving the victory meal from 1700-2000 today.



Voice of the Warrior: What did you gain from this exercise?



Pfc. Jessica M. Santiago
Administrative Clerk
USFK J-3 Defense Artillery

"The biggest gain for me from this exercise is the knowledge I gained in my job, and also on how to work with other MOSs."



Cpl. Yang, Woo-yung
Administrative Specialist
8th U.S. Army S-3

"From the Kyungju tour during PAUSEX, I gained more teamwork, especially with those whom I normally don't work with."



Maj. Brent Abare
Force Protection Officer
USFK J-34

"During this exercise, I gained a deeper understanding of my wartime mission and how we tie in with our ROK Army counterparts."



Staff Sgt. Linda Lee
Shift NCOIC
HHC, 8th PERSCOM G-1

"From Ulchi Focus Lens 2004, I gained much knowledge and mentorship. The experience of others has been really helpful."

UFL 2004 ends on a High Note

Story by Pvt. Choi, Eui-jin

Two weeks of hard work have passed and Ulchi Focus Lens (UFL) 2004 is nearing its successful finish. Every participant had a chance to experience their jobs in a simulated war, as they practiced wartime tasks and duties.

"I think the Soldiers coming away from UFL 2004 are now more familiar with how the military works."

1st Lt. Patrick Marshall

"It was good training for the Soldiers," said Sgt. Johnny Black,

a facility manager assistant assigned to S-4 Troop Command. "If the balloon actually goes up again, they will need to know what their tasks and applications are, and UFL 2004 taught us those."

Since many Soldiers have never been in a real war time situation before, they may not be familiar with tasks they are required to do. This computer simulated war offered Soldiers an opportunity to work under similar conditions that might arise after an attack, and taught each one of them their duties in case of contingency.

"I learned that there must be a lot of coordination made in advance," said 1st Lt. Patrick Marshall, G-1 Plans and Opera-

tions battle captain, I Corps. "I think the Soldiers coming away UFL 2004 are now more familiar with how the military works."

Sometimes it is easy for Soldiers to forget that war could start any time without warning. UFL 2004 has improved and reminded Soldiers about this important fact and made them 'war ready.'

In a few days, participants will be returning to their normal duties. With the knowledge, partnership and maturity that they have learned and gained in this exercise, the security of the Korean peninsula will be maintained.