



DEPARTMENT OF THE ARMY  
UNITED STATES ARMY INTELLIGENCE AND SECURITY COMMAND  
501<sup>ST</sup> MILITARY INTELLIGENCE BRIGADE  
UNIT 15282  
APO AP 96205-5282

IADK-Z

12 JUL 2016

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: 501<sup>st</sup> MI Brigade Policy Letter # 29 - Nursing Mothers Policy

1. Purpose. To establish policy on the minimum requirements to support Female Soldiers and DA Civilians who desire express milk during duty hours.

2. References:

a. USARPAC Nursing Mothers Policy Memorandum 15-5

b. Section 7(r) of the Fair Labor Standards Act – Break Time for Nursing Mothers Provision.

c. United States Army Public Health Command's Breastfeeding Resources at <http://phcamedd.army.mil/tipics/healthyliving.wh/Pages/BreastfeedingandBreastHealth.aspx>

d. United States Personnel Management (OPM), Guide for Establishing a Federal Nursing Mother's Program, January 2013.

3. Summary. Female Soldiers and DA Civilians have the option of choosing to continue breastfeeding their babies after they return from maternity leave. Commanders/supervisors will discuss the options below with expectant mothers to ensure that facilities/procedures are in place to allow them to conveniently and safely express milk if they decide to continue breastfeeding after returning from maternity leave.

4. Specifics. Commanders must:

a. Provide a reasonable break time for a Soldier/DA Civilian to express breast milk for her nursing child for one year after the child's birth each time such employee has need to express milk.

b. Provide a clean, quiet, private area, in both garrison and field environments, which is shielded and free from intrusion from coworkers and the public, to be used by a Soldier or employee to express breast milk. The room should provide access to electricity as well as good lighting/proper ventilation and place to sit (other than the floor) with a flat surface. Bathroom and latrine facilities will not be used.

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c. Provide information per USAPHC Technical Guide 281 to expectant/nursing mothers including information pertaining to the time and space available for expressing milk, as well as, additional medical and lactation support resources available.

5. Point of contact for this policy letter is 501st MI Brigade Pregnancy/Postpartum Physical Training Program Manager at DSN 315-722-0835 or 315-723-4384.

Encl

  
DERRICK S. LEE  
COL, MI  
Commanding

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