



Humphreys Medical Cheat Sheet

Humphreys' Medical Clinic (Mon—Fri 0830 to 1700), Bldg 555, phone number: DSN/737-2767, from cell: 0503-337-2767

All authorized beneficiaries may make routine appointments or same day appointments by calling the **Appointment Line (0503-337-2273)** at 0700; Space-available appointments scheduling begins at 1200.

Advice Line: 0503-337-1098 (during clinic hours)

Relay Health: www.relayhealth.com (register and connect with your Primary Care Provider) Registration assistance is available in the clinic.

- ◇ Secure Message provider for non-emergent questions (must respond within 24 hrs.)
- ◇ Obtain lab results, medication refills, and schedule appointments

AFTER HOURS CARE:

Non-Emergency issues / situations:

Seeking medical advice for non-emergent condition, call MOD (Medical Officer on Duty) at 010-4772-5193

SHARP Issues: 0503-363-5700 or 010-4017-0740

Urgent Care: Refer to steps above (call MOD) or visit local ER (see below)

**** THERE IS NO EMERGENCY ROOM ON POST ****

Emergency issues / situations:

ON-POST: contact 911 (DSN) or 0503-337-7911 (cell) for ambulance care—you will be taken to the nearest Korean ER.

OFF-POST: call Korean civilian ER 119. Also call 911 (0503-353-7911) for translation or coordinate EMS to your location.

GO TO: nearest emergency room (see attached map of local Tricare approved hospitals.) Call **International SOS (Tricare Referrals)** to ensure a referral is submitted for emergency care (**080-429-0880 : opt 1—ER, opt 2—claims, opt 3 referrals**).

Patient Advocate: Karen Harkins 0503-337-5676 or 010-6333-0285(cell)